



ON THE ROAD

A BI-WEEKLY PUBLICATION

APRIL 9, 2010



BLOOD DRIVE

The Lane Memorial Blood Bank bloodmobile will be in Emmaus' parking lot this Sunday morning, to receive blood donations. Please sign up to offer this gift of life on a chart in the Gathering Place or call or e-mail the church office. A minimum of 56 days between donations is required, so if you are a regular donor you are encouraged to arrange timing so that you can give blood.



DID YOU KNOW...

that to die without a will is to cause trouble? To die with an estate plan is to cause a blessing.



CHANCEL FLOWERS

The flower chart is located on the wall across from the church office for you to sign up to provide chancel flowers on any given Sunday. We have several spots available during the rest of this year. Sign up today!

YOUTH YARD SALE IS COMING...

As you begin your spring cleaning, save your items for the annual yard sale on June 19th. Donations will be accepted the week before the yard sale.



CAMP LUTHERWOOD SPAGHETTI FEED

Circle Sunday evening, April 25th, on your calendar and come to United Lutheran Church, Washington and 22nd, for a celebration of Camp Lutherwood! Come at 4:30 for a brief meeting to welcome Interim Director Andrea Scofield and elect new members to the Camp Lutherwood Board. (Gerry Stolp of Emmaus currently serves on the Board, and Debi Eisert is a nominee for election at this meeting!) Then at 5:00 it's time to chow down pasta! The freewill offering will be a means of raising funds for the camp.

The summer program schedule is now on the web! Go to www.lutherwood.org to plan what week you'll be at camp this summer. Summer staff is also being recruited. If you ~ or someone you know ~ are at least 18 years old and have a heart to work with youth in a camp setting, please e-mail andrea@lutherwood.org.

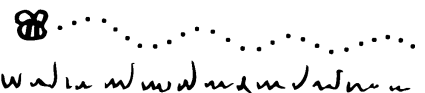


THINK SUMMER!

Something new is on the horizon for kids this summer instead of *Kids' Adventure Week* as it's previously been done. Emmaus and United Lutheran Churches will be sharing *Day Camp* with Central Lutheran the week of June 28-July 2 for kids having completed kindergarten through 5th grade. Day Camp will be from 9:00 a.m. to 3:00 p.m. each day at Central. Then *Vacation Bible School* for pre-schoolers and also those who have completed kindergarten will be the week of July 19-23 each morning at Emmaus. (Parents of kindergartners can decide whether Day Camp or VBS is more appropriate for your child.) Mark your calendars and start inviting neighbors, friends, and relatives!

LENT HUNGER EMPHASIS

Thank you to all who contributed to the *ELCA World Hunger Appeal* through offerings received at soup lunches and suppers and/or on Palm Sunday. The total this year was \$876.70. Thank you on behalf of all who minister to the hungry and those who are ministered to. Please plan on participating in a *Bake Sale* and *Bread for the World* Offering of Letters during the Forum on Sunday, May 2nd, as another way to show your caring concern.



BREAD BOWL CIVIL WAR

The list of suggestions for addressing hunger that you generated will be available in the Gathering Place. Please take a green or yellow cup labeled "At least 10 in 2010" and use it as a reminder. (There are no orange cups for you Beaver fans). We will be asking you to report monthly by putting a sticky note with your activities on the poster illustrating the breadbowl or by turning your activities into me. Watch the gathering place for further information.

Please pick up a list of hunger related activities in the Gathering Place on the information table. These activities were generated in adult forum. You can use this list to get ideas, and to track your activities if you wish. Turn in your activities on a monthly basis to me. We will be reporting our activities in April and find out how Grace in Corvallis is doing.

~Debi Eisert

FORUMS

*~ every Sunday between worship services
in Elgaard Fellowship Hall ~*

**While children and youth are in Sunday School,
all adults are invited
(whether or not you have kids in Sunday School).**

April 18th

**"From Cameroon (Africa) to Oregon:
Religious and Cultural Differences"**

presented by Ramon and Ida Fonkoue

April 25th

**"The Ministries of
Education, Fellowship, and Youth"**



SPRING INGATHERING

The Lutheran World Relief shipment of the Spring Ingathering is taking place in the Gathering Place and concludes Sunday, April 25. Please help us continue to respond to the needs in Haiti and around the world by sending as many health kits, school kits and quilts as we can. A list of the contents of each kind of kit needed can be picked up at the information table in the Gathering Place. The demand is great for all items and, in particular, there is an urgent need for health kits. Leave your contributions at the information table when you bring them. Thursday, April 29th is the day for packing donated items for shipment. Please join us at 9:00 am for donuts and coffee as a thank you.

~ Evie Swank

**The Emmaus Lutheran Church Women
cordially invite you to attend
an April Shower Benefit for Womenspace**

at 2:00 pm on April 17th,
in the Elgaard Fellowship Hall
at Emmaus Lutheran Church.

Womenspace is a local social service agency that provides support services for adults and children who are victims of domestic violence as well as training and education to the community.

Shower gifts will be donated to Womenspace for clients who are moving from the shelter to their own homes.

Gift suggestions include: children's diapers in any size,
personal hygiene items,
and gift cards in \$5 to \$25 denominations
for Fred Meyer, Target or Walmart
that will help the clients purchase
groceries and other household items.

Our speaker will be from Womenspace.
Light refreshments will be served.
RSVP: 541-344-1150

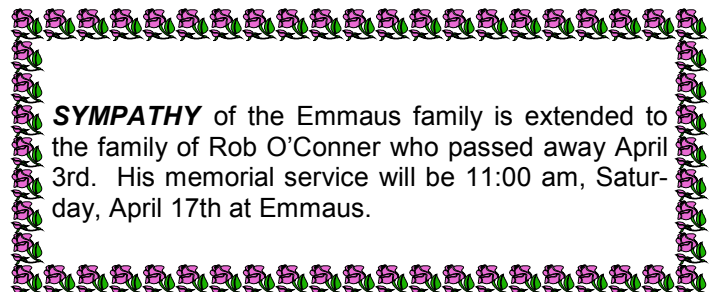


HONORING YOUR HEARTS AND HANDS

Lutheran World Relief is honoring your dedication and service as LWR quilters and kit-makers with their new Hearts & Hands Honor Roll. Log onto www.lwr.org/honorroll or call 1.800.597.5972 to add your name. To show their gratitude they will send you a limited edition Hearts & Hands pin exclusively designed for LWR by Fair Trade Artisans in Ecuador.



Keaton Allan was born to Eric and Annie Carlson, big brother Donovan, and big sister Ella on Easter Sunday at 1:42 p.m. ~ 8 lbs., 1 ounce, 21 inches long. All are well and healthy. *Thanks be to God!* Keaton is Pastor Steve and Claudia's grandchild #5 ~ stay tuned for #6 in May!



SYMPATHY of the Emmaus family is extended to the family of Rob O'Conner who passed away April 3rd. His memorial service will be 11:00 am, Saturday, April 17th at Emmaus.

WORSHIP ASSISTANTS

April 18 — Third Sunday of Easter — Acts 9:1-6 [7-20]; Psalm 30; Revelation 5:11-14; John 21:1-19			
<u>8:30</u>	Lector:	Jay Knight	<u>11:00</u>
	Communion Assistant:	Jackie Barbour Dorraine Gerlitz	Judy Ramstad
	Acolyte:	Emily Potucek	Hayden Smothers
	Ushers:	Larry Strickland	Alex Grabofsky
	Greeters:	Doris Allen Lori Nicklin	Brad & Evelyn Swank
Coffee Fellowship: Dave, Deena Frosaker and Kris Stark			
Flower Delivery:			
April 25 — Fourth Sunday of Easter — Acts 9:36-43; Psalm 23; Revelation 7:9-17; John 10:22-30			
<u>8:30</u>	Lector:		<u>11:00</u>
	Communion Assistant:	Larry & Nanci Strickland	Edla Johnson
	Acolyte:	Emily Potucek	
	Ushers:		
	Greeters:	Jana Bauder	Marty Dunlap Judy Ramstad
Coffee Fellowship: Jana Bauder & Nanci Strickland			
Flower Delivery:			

You will notice blank spaces! Please sign up on the charts in the Gathering Place to assist.

SUNDAY, APRIL 18

BLOOD DRIVE

- 8:30 am — Holy Communion
- 9:30 am — Coffee Fellowship
- 10:00 am — Sunday School/Forum
- 11:00 am — Holy Communion
- 5:30 pm — High School Phundy Nite

MONDAY, APRIL 19

- 2:00 pm — Esther Circle

TUESDAY, APRIL 20

- 8:30 am — Pastor's Text Study
- 9:00 am — Emmaus Quilt Makers
- *7:00 pm — Eugene Concert Choir: Fellowship Hall

WEDNESDAY, APRIL 21

- 9:00 am — Elva's Raiders
- 10:00 am — Bible Study
- *3:00 pm — Girl Scouts: Youth Room
- 5:00 pm — Youth Choir
- 5:45 pm — Confirmation
- 7:30 pm — Choir Rehearsal

THURSDAY, APRIL 22

- 1:00 pm — Kris Stark, Avon: Fellowship Hall
- 3:00 pm — Outreach Ministry

FRIDAY, APRIL 23

- 11:45 am — Ever Young Senior Potluck Lunch
- *6:00 pm — Oregon Festival Choir: Fellowship Hall & Sanctuary

SATURDAY, APRIL 24

- *8:00 am — Linda Hendrix/Creative Memories Workshop: Fellowship Hall & Kitchen

Prayer Calendar: Week 5
*Community groups meeting at Emmaus

WHAT'S HAPPENING AT EMMAUS

SUNDAY, APRIL 25

- 8:30 am — Holy Communion
- 9:30 am — Coffee Fellowship
- 10:00 am — Sunday School/Forum
- 11:00 am — Holy Communion
- 4:30 pm — Camp Lutherwood meeting & Spaghetti Feed @ United Lutheran
- 5:00 pm — High School Phunday Nite

TUESDAY, APRIL 27

- 8:30 am — Pastor's Text Study
- 9:00 am — Emmaus Quilt Makers
- 7:00 pm — Congregation Council
- *7:00 pm — Eugene Concert Choir: Fellowship Hall

WEDNESDAY, APRIL 28

- 9:00 am — Elva's Raiders
- 10:00 am — Bible Study
- 5:00 pm — Youth Choir
- 5:45 pm — Confirmation
- 7:30 pm — Choir Rehearsal

THURSDAY, APRIL 29

- 9:00 am — LWR Packing Day
- 6:30 pm — Big Little School Story Time: Fellowship Hall

FRIDAY, APRIL 30

- 1:00 pm — Prep @ The Dining Room
- 5:30 pm — Serve @ The Dining Room

SATURDAY, MAY 1

- 8:30 am — Men's Breakfast Bible Study

Prayer Calendar: Week 4
*Community groups meeting at Emmaus

RETURN SERVICE REQUESTED

DATED MATERIAL

Dear Emmaus Family,

Hugging is a miracle medicine that can relieve many physical and emotional problems facing human beings, experts say. Researchers have discovered that hugging can help you live longer, protect you against illness, cure depression and stress, strengthen family relationships, and even help you sleep better.

"Hugging is an excellent tonic," declared Dr. Harold Voth, senior psychiatrist in Topeka, Kansas. "It has been shown scientifically that people who are mentally rundown and depressed are far more prone to sickness than those who are not. Hugging can lift depression ~ enabling the body's immune system to become tuned up. Hugging breathes new life into tired bodies and makes you feel more vibrant. In the home, daily hugging will strengthen and significantly reduce friction.

Researchers discovered that when a person is touched, the amount of hemoglobin in the blood increases significantly. Hemoglobin is a part of the blood that carries vital supplies of oxygen to all organs of the body, including the heart and the brain. An increase in hemoglobin tones up the whole body, helps prevent disease, and speeds recovery from illness. Regular hugging can actually prolong life by curing harmful depression and stimulating a stronger will to live.



A warm, meaningful embrace can have a positive effect on people, particularly during times of widespread stress and tension. Hug your spouse, hug your kids, hug your friends and relatives, and hug them often!

In Christian partnership,

Pastor Steve

From the Pastor...

MISSION STATEMENT

EMMAUS LUTHERAN CHURCH IS A
FAMILY
OF GOD'S CHILDREN,
RESPONDING
TO THE GRACE OF GOD, WHICH
UNITES
US IN JESUS CHRIST BY
SERVING
THE LORD WITH GLADNESS.
EMPOWERED
BY THE HOLY SPIRIT, WE
ADDRESS THE NEEDS
OF GOD'S CREATION BY MAKING
JESUS CHRIST KNOWN.

EMMAUS LUTHERAN CHURCH

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541-344-1086 (FAX)

OFFICE HOURS:

MONDAY-FRIDAY
9:00 AM-1:00 PM

BULLETIN DEADLINE:

10:00 AM THURSDAY EACH WEEK

NEWSLETTER

DEADLINE:
FRIDAY, APRIL 16